

Participant Pre-read

Simply visit as many controls (numbered circles) as you can. Start and finish at the triangle.

45 minute score event, 20 points per control.

10 points deducted for each minute or part minute late.

If unsure of what to do or what the symbols mean, see our guide:

<https://www.herts-orienteeing.club/uploads/wiki/DIYO-guide.pdf>

Run responsibly

You should abide by British Orienteering's Covid-19 [Code of Conduct](#), particularly social distancing.

Maybe we're stating the obvious. In essence, there is no reason why this should be different from any other run – or walk, or jog – you do. But sometimes we concentrate too hard on the map, or get carried away with beating the clock. So keep safe:

- Watch out for hazards, especially the ones we specifically mention on the front of the map. Others include trip hazards, impacting hard objects and passers by.
- Pay particular attention to traffic on roads.
- Keep social distance. These are public areas.
- Dress appropriately for the weather & avoid extreme conditions. For our forest courses full leg cover is better.
- Consider how much guidance your child or vulnerable adult needs. We do not recommend street courses for unaccompanied under 16s.

<https://www.herts-orienteeing.club>



LONDON COLNEY STREET-O

scale 1:10000, contours 5m
500m



Take care crossing roads!

45 minute score event

20 points per control

10 points deducted for each part minute late.

MapRunF: HH London Colney PXAS ScoreV45

No	Description
S/F	Postbox AL2 493
1	Lamppost Children Sign
2	Lamppost 12
3	Postbox AL2 203
4	Postbox AL2 297
5	Postbox AL2 491
6	Postbox AL2 206
7	Postbox AL2 69
8	Postbox AL2 105
9	Postbox AL2 494
10	Postbox AL2 149
11	Lamppost H sign
12	Lamppost Parking Sign

No	Description	No	Description
13	Lamppost 12	23	Lamppost 3
14	Lamppost 3	24	Sign West House
15	Lamppost 5	25	Green Sign Napsbury Park
16	Lamppost 14	26	Lamppost H Sign
17	Lamppost 17	27	Lamppost 8
18	Sign No Parking	28	Lamppost 5
19	Green Bin Lamppost	29	Lamppost 2
20	Lamppost Give Way	30	Lamppost 8
21	Lamppost 10	31	Lamppost
22	Lamppost	32	Lamppost 5

P Haseldene Rd Car Park (behind shops) AL2 1RR

Map data (c) OpenStreetMap, available under the Open Database Licence.
Contours from LIDAR © Environment Agency copyright and/or database right 2015. All rights reserved.
OOM created by Oliver O'Brien. Make your own: <http://oomap.co.uk/>