

Participant Pre-read

Simply visit as many controls (numbered circles) as you can. Start and finish at the triangle.

45 minute score event, 20 points per control.

10 points deducted for each minute or part minute late.

If unsure of what to do or what the symbols mean, see our guide:

<https://www.herts-orienteeing.club/uploads/wiki/DIYO-guide.pdf>

Run responsibly

You should abide by British Orienteering's Covid-19 [Code of Conduct](#), particularly social distancing.

Maybe we're stating the obvious. In essence, there is no reason why this should be different from any other run – or walk, or jog – you do. But sometimes we concentrate too hard on the map, or get carried away with beating the clock. So keep safe:

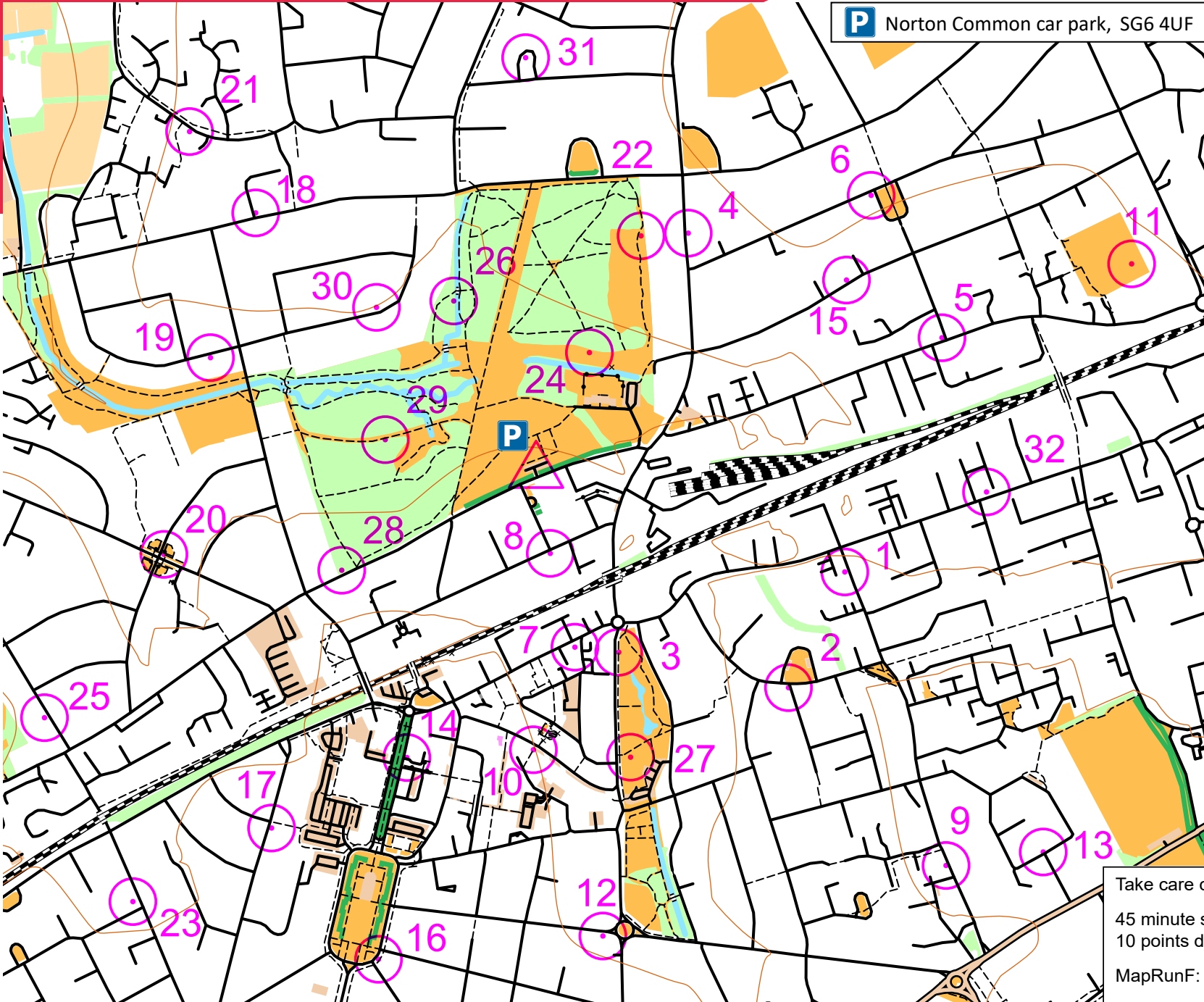
- Watch out for hazards, especially the ones we specifically mention on the front of the map. Others include trip hazards, impacting hard objects and passers by.
- Pay particular attention to traffic on roads.
- Keep social distance. These are public areas.
- Dress appropriately for the weather & avoid extreme conditions. For our forest courses full leg cover is better.
- Consider how much guidance your child or vulnerable adult needs. We do not recommend street courses for unaccompanied under 16s.

<https://www.herts-orienteeing.club>



LETCWORTH CENTRAL

scale 1:10000, contours 10m
500m



P Norton Common car park, SG6 4UF

No	Description
S/F	Sign at car park entrance
1	Postbox SG6 160
2	Postbox SG6 154
3	Postbox SG6 157
4	Postbox SG6 148
5	Postbox SG6 173
6	Postbox SG6 162
7	Postbox SG6 383
8	Postbox SG6 147
9	Postbox SG6 151
10	Postbox SG6 172
11	Notice board with 7 exercises
12	Postbox SG6 153
13	Postbox SG6 169
14	Postbox SG6 2
15	Street light 9
16	Postbox SG6 171
17	Postbox SG6 163
18	Postbox SG6 159
19	Postbox SG6 319
20	Postbox SG6 161
21	Postbox SG6 10
22	Bench
23	Postbox SG6 167
24	Anna's Bench
25	Postbox SG6 269
26	Water depth gauge – max 9
27	Notice board about oak tree
28	Telegraph pole DP298
29	Bench
30	Telegraph pole 01B
31	Telegraph pole P1
32	Parcel postbox 3P

Take care crossing roads!

45 minute score event, 20 points per control.
10 points deducted for each part minute late.

MapRunF: HH Letchworth Central PXAS ScoreV45

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